



**HENRICO COUNTY PUBLIC SCHOOLS MIDDLE SCHOOL STUDENT PARTICIPATION,  
PARENTAL APPROVAL AND PHYSICAL EXAMINATION FORM**

(TO BE COMPLETED BY PARENT/LEGAL CUSTODIAN, STUDENT AND PHYSICIAN)

**VALID  
MAY 1 - JUNE 30  
(14 MONTHS)**

Student's Name \_\_\_\_\_ Birth date \_\_\_\_\_ Age \_\_\_\_\_  
Grade \_\_\_\_\_ Sex M [ ] F [ ] Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Parent/Legal Custodian's Name \_\_\_\_\_ Work Phone \_\_\_\_\_  
Home Address of Student \_\_\_\_\_ School \_\_\_\_\_  
Emergency Contact Person (other than parent/custodian) \_\_\_\_\_ Phone No. \_\_\_\_\_  
Family Physician \_\_\_\_\_ Phone No. \_\_\_\_\_  
Hospital preferred \_\_\_\_\_ ALLERGIES \_\_\_\_\_  
MEDICATIONS (current) \_\_\_\_\_ Last Tetanus Booster Date \_\_\_\_\_

History of: (Circle) (Circle)  
1. Any injuries requiring medical attention Yes No 5. Hospitalized (except for Tonsillectomy) Yes No  
2. Under a physician's care at this time Yes No 6. Any chronic disease Yes No  
3. Wears glasses or contact lenses Yes No 7. Any reason why this individual should not participate in competitive sports? Yes No  
4. Surgery or operations  
If "Yes" to any of the above, list appropriate number explain \_\_\_\_\_

In the event I cannot be reached in an emergency, I hereby give permission to physicians selected by the coaches and staff of \_\_\_\_\_ Middle School to hospitalize and/or secure proper treatment for the student named above.  
I hereby consent to the above named student participating in the interscholastic athletic program at his/her school of attendance. This consent includes travel to and from athletic contests and practice sessions.

*My child is covered by an insurance that meets my approval.*

Company name \_\_\_\_\_ Policy Number \_\_\_\_\_  
\_\_\_\_ My child is covered by 24 hour school insurance \_\_\_\_\_ My child is covered by School Day insurance.

PARENT/LEGAL GUARDIAN'S SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

This application to compete in interscholastic athletics for the above school is entirely voluntary on my part and is made with the understanding that I have not violated any of the eligibility rules and regulations of the Board of Control for Middle School Athletics.

STUDENT SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

The proponent for this form is: DIVISION OF INSTRUCTION, Tel. 652-3761 Stock No. 1301-150 DISCARD ALL OTHER FORMS. REV. 8/27/01

**Physical Examination  
(To be completed and signed by examining physician)**

Name of Student \_\_\_\_\_ School \_\_\_\_\_  
Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ B/P \_\_\_\_\_ P \_\_\_\_\_ R. \_\_\_\_\_  
Eyes \_\_\_\_\_ R20/ \_\_\_\_\_ L20/ \_\_\_\_\_ Ears \_\_\_\_\_ Hearing R \_\_\_\_\_ L \_\_\_\_\_  
Cardiovascular \_\_\_\_\_  
Respiratory \_\_\_\_\_  
Liver \_\_\_\_\_ Spleen \_\_\_\_\_ Hernia \_\_\_\_\_  
Musculoskeletal \_\_\_\_\_ Skin \_\_\_\_\_  
Neurological \_\_\_\_\_ Genitalia \_\_\_\_\_

I certify that on this date I examined this student and on the basis of this examination, along with the medical history furnished to me, I found no reason which would make it medically inadvisable for this student to compete in supervised athletic activities.

COMMENTS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician's/Nurse Practitioner's Signature \_\_\_\_\_ Phone No. \_\_\_\_\_

Address \_\_\_\_\_

Date of Examination: \_\_\_\_\_

NOTE: THIS FORM MUST BE COMPLETELY FILLED OUT AND MUST BE FILED IN THE SCHOOL HEALTH OFFICE PRIOR TO THE STUDENT'S PARTICIPATION.